

The Victorian Flagmarshalling Team News

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Founded 1986

News and information

September 2019



What the best dressed flagmarshal was wearing at Phillip Island

www.vicflag.org.au

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Pat Hetrel (Honorary Life Member)
Sue Jochheim
Alan Krahe
Mike Murphy
Terry O'Callaghan
Damian Petrie
Kevin Redman
Eric Rigg
Mike Shallcross
Barry Petersen [dec]
Gloria Shallcross (dec)
Neil Thompson [dec]

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This month's cover picture shows VFT member Patrick Harding dressed for the weather at Phillip Island

Reminder – General Meeting – Thursday 3 October 2019

Don't forget to come along to the next general meeting and support the club – details as follows:

- MG Car Club rooms
Unit 53 & 54
Eastern Business Centre
41-49 Norcal Road
Nunawading
- Meeting: 8:00pm



A Word or Two

This year, winter has seemed long and never ending. Several meetings have been plagued by cold temperatures, rain and biting winds. We are all well aware of Phillip Island in all its fury and it is recent events at this venue that I wish to bring to people's attention. The geographical position of this wonderful circuit make it particularly susceptible to winter's extremes.



As motorsport marshals, we are expected to fulfil our duties in these conditions. It is a well known fact that farmers bring their stock into shelter when severe weather is approaching. As marshals, we don't often get that luxury! In all my years, I can only recall a handful of times when we have been brought in from our posts and that was because of lightning warnings.

So, here we are, stuck out in sometimes appalling weather. What can we do to protect ourselves against the cold and more importantly hypothermia? The recent August Access meeting at Phillip Island caught a number of people out, trainees and experienced marshals alike. Despite the fact that winter is supposedly over, following this letter, with the kind permission of Paul Freeman and Darren Millett, I would like to re-present two excellent articles, both of which appeared in this magazine some years ago. Please read these articles and absorb every detail.

Now onto thoughts of warmer things! I know a lot of people will say it's way too early to think about a Christmas function, but with an extremely busy calendar of motorsport events looming in the next few months, the festive season will be upon us very quickly. The VFT's annual Christmas BBQ/party at Pat and George Hetrel's magnificent property will once again take place - tentatively 8th December - hopefully complete with train rides. More details elsewhere in the magazine.

Whilst on the subject of social events, the Chief's BBQ will once again be held, on Saturday 18th January. Again, more details elsewhere in the magazine but suffice to say this will be a purely social occasion, with no AGM or club business taking place.

regards

Roger Chirnside
President
Victorian Flagmarshalling Team, Inc.

A Timely Reminder At This Time of Year – Hypothermia

(This is a reprint of an article written in the May 2012 and May 2017 magazines)

Hypothermia

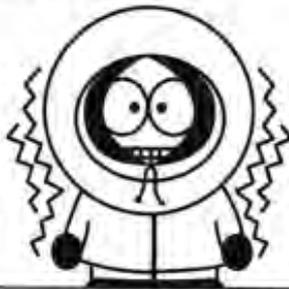
by Paul Freeman

Hypothermia – and how not to get it!

A person is said to have hypothermia if their core body temperature falls below 35°C. A core temperature below 32°C results in mental confusion and poor co-ordination, and is a medically critical situation. Get below 27°C and the results are usually fatal.

The factors that increase our risk of developing hypothermia are:

- Cold weather conditions wind and rain
- Dehydration
- Poor nutrition
- Fatigue
- Some medications
- Alcohol
- Inadequate clothing
- Physical Inactivity



The steps we can take to stay warm are:

- Be aware of the weather, and dress to keep out the wind and rain, you all know this already, and are very good at it!!
- Maintain an adequate fluid intake. We know how important it is to keep drinking fluids in hot weather, but we often have little thirst when it feels cold.
- Maintain good nutrition. The importance of a healthy breakfast and snacks is often underestimated.
- Be self aware, and take even more care if you feel fatigued or are getting over an illness.

- There are a few medications that may increase your risk, ask your doctor.
- Avoid alcohol, obvious! One of the VFT rules.
- Keep active. Stamp your legs and fidget while races are on. Deliberately walk around and exercise your arms between races. Even when adequate clothing is worn, it is very difficult to maintain our body temperature if we stand still.

The symptoms of mild hypothermia include cold feeling hands and feet, shivering, and mild loss of ability to perform complex motor functions. (Walking and talking are not affected.)

The symptoms of moderate hypothermia include violent shivering, significant loss of fine motor co-ordination, slurred speech, impaired judgement and even irrational behaviour. It is clear then, that the symptoms of hypothermia can mimic those of alcohol inebriation, and are just as dangerous. Not only is our health at risk, but we are no longer in a fit state to carry out our marshalling duties. We become dangerous to others as well as ourselves. Even worse than this, our own awareness that we are impaired is blunted, so we do not see the danger of the situation. The lesson we take from this is that it is important to keep an eye on each other.

Obviously if hypothermia is suspected in yourself or your team buddy it is mandatory to let race control know, and come in for a warm-up and medical assessment. It is better to have a point thinly but competently manned, than to have a person with impaired judgement and co-ordination out there. Woody Allen once said "I am not afraid of dying; I just don't want to be there when it happens." Stay warm out there, and with a bit of luck it won't happen!



Secrets to Surviving a Wet Weekend

(This is a reprint of an article written in the May 2012 magazine)

Be Prepared

- Make sure your flag bag has all your winter gear beforehand
- Check the forecast before you head off to the track

Have the right gear

- **Layers, Layers, Layers**
Thermals
Good thick socks (optional additional thin socks)
Jeans/T-shirt etc
Thin lightweight long sleeved jumper
Overalls or white trousers and Club top
Good solid waterproof boots
Thicker jumper (club fleecy polo)
Good warm jacket (club jackets are good for light showers)
Balaclava
Neck warmer or scarf
Beanie
Waterproof outer shell jacket (with hood)
Waterproof trousers
Cut-off or Driving gloves (inners)
Waterproof ski gloves (outers) or even large dishwashing gloves
Sunglasses (to keep out the driving rain...)
- **Note**
A \$2 rain poncho from discount shop just won't cut it
Sandshoes are not waterproof
Take a spare change of clothes
Spare socks and gloves in your bag are great just in case.....

Control your temperature

- Remember you still need to drink plenty to prevent dehydration
- If there is a soup run, take the opportunity to warm up
- Don't get too hot. If you sweat inside waterproofs, it will condense and make you even colder
- If you get wet, let somebody know. You need to get out of the wind and rain to dry off
- Replace any wet gear with any spares you have to hand
- A thermos of hot water and some instant coffee or tea will brighten your afternoon

Keep an eye on your workmates

- Check each person on your point regularly
- Look for signs of cold and wet, shivering, lack of concentration, irrational behaviour
- Call in to race control when you need help

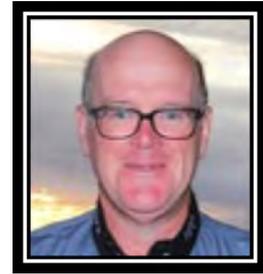
Relax

- You will be dressed to look like the Michelin Man
- Waving flags and holding safety car boards will be far more difficult in these wet and windy conditions
- On-track clean-ups will take longer and they will make you hot from the effort
- Don't try to sprint to a crashed car, a fast walk is safest
- Remember your waterproofs are flammable - even if you are drenched
- Sit down when you can, especially if it gets you out of the wind and rain
- Expect a toilet break to take a little bit longer than usual....

Stay warm,
Darren Millett



Flag One Reporting



Hi all and welcome to another Chief's report.

There have been a number of race meetings since the last magazine - just a quick report on them.

Sandown VSCRC Rd 4

The hot dog round - once again a great round from our point of view. It all went well. There were some big hits at turn 9. To our crew who did a great job in their response of these matters - from the Chiefs Team well done!

Vic 6 Hour

Numbers were low. They all worked together with our comms guys and sector marshals - efforts over the weekend a real team effort. Thanks everyone.

August Access

Once again low numbers but it worked well due to a small but hard working crew from the VFT. There are more questions than answers about this event that we need to have a chat about with the powers to be sometime in the next few weeks.

The year is slipping away so fast - it's 16 weeks to xmas OMG - with some big meetings over the next 3 months, so, have a rest while you can to be ready for the big push for us. For those going to Bathurst have a safe trip up and back. See you there with a Mustang win at the big one!

Upcoming Events

20-22 September - Shannons Nationals Sandown

28-29 September - VSCRC Rd 5 Phillip Island

12-13 October - Aroca 12 Hour Relay Winton

25-27 October - Sandown Historics

8-10 November - Sandown 500 Supercars - my list will close 11 October

23-24 November - Island Magic Phillip Island

Till next time all the best

William Gaff
Chief Flagmarshal
0418127835



Vice President Report

Hi everyone, it's good to be back in the magazine again, it's hard to believe that here we are in September already. Whilst we only have about 8 events until the end of the year the work behind the scenes is by no means less.



It has been good to see a fair number of attendances at our recent meetings despite the not so good weather, but hey after all it is winter and this is what we have come to expect. You know, there has been some considerable discussion about the lack of women officials in motorsport and that efforts within the sport have to be made to open the doors for more women to participate. This is not only in flag waving but in all disciplines throughout the sport, such as: scrutineering; stewarding; event command; pit lane to name but a few. As the Vice President I would just like to reiterate that the VFT has an equal opportunity mantra to recruit, promote and encourage both men and women equally to participate in the VFT and throughout motorsport generally. We, as the committee, would gladly welcome more women to participate and go through the ranks as do all members. I encourage any women within our club who wish to move forward in gaining further CAMS accreditation or club grading to please discuss this with the Training Officer or any committee member - we are there to ensure everyone gets a fair go and the appropriate training is given to ensure progression. So, I also ask that if any of our members know of any women that are keen to give motorsport officiating a go, please bring them along so we can share our experiences and show what an exhilarating and dynamic sport we play in. There are plenty of resources for women who want to participate such as those listed below:

AUSTRALIAN WOMEN IN MOTOR SPORT COMMISSION (AWMSC)

<https://www.cams.com.au/about/structure/commissions>

<https://www.cams.com.au/membership/female-participation>

I thought I would also give some of our newbies some insight as to what the VFT committee does. For those who don't necessarily know, the committee is made up of a bunch of people just like you, who are passionate about motorsport & officiating. The four executive positions (President, Vice President, Secretary and Treasurer) are elected by the VFT members at beginning of each year. Some of the committee members are also appointed by the elected Committee e.g. the Chief Flag Marshal, who then, in turn selects his or her Assistants & Training Officer. We meet at CAMS head office each month to discuss ideas of how the club can be improved and managed and to make sure we conform to government and state regulations and legislations.

There are always lots of discussions about all the suggestions and proposed initiatives made by our members and committee members, and there are many, ranging from recruiting suggestions, trackside issues, training and upgrade proposals thorough to club activities and marketing initiatives and club expenditure to name a few. The people on the committee work for many hours behind the scenes to ensure that the upcoming race meetings are run smoothly for our people and that all our requirements



are met by the promoters, competitors and stake holders. We, the committee, are a diverse bunch of people and we may not always get it right; however, we are all dedicated to making sure that our



club is recognised as professional and that our members are treated with respect both on and off the track. So, if you have a positive suggestion, please feel free to drop a line to any of the committee members, we will be happy to discuss it or if you feel you can make a real contribution, please put your hand up in the coming year's elections.

Now, I did mention recruitment earlier. It's great to see we have a number of new people joining the club of late and to see so many from such diverse backgrounds and cultures. We welcome you all to the club and look forward to working trackside with you over the coming events.

In closing I just like to take this opportunity to thank you all again for your trackside dedication and commitment to the VFT.

See you trackside soon.

Cheers

Mark D Thompson

Vice President

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Training Matters

G'Day all.

We're moving towards the end of the racing calendar year again, and hasn't it flown past. What was your favourite moment?

It has been a quiet year for the Training Committee with only a couple of upgrades within the club, but several trainee to grade 4 upgrades. So, to those new members, welcome aboard, and enjoy the ride. We hope you will get from it as much as we all have over the years.

The Training Committee is planning another report writing evening, to assist new trainees and those senior members that feel they may need a brush up. We are hoping to host it at the MG club again, but at this stage we are unsure of a time or date. Coordinating this stuff can be a headache at times.

We are also hoping to have on board a steward to provide feedback and guidance, as well as a chief sector marshal amongst others.

Nothing further to report at this stage.

"Training is everything. The peach was once a bitter almond; cauliflower is nothing but cabbage with a college education".

Mark Twain

Until next time,
Rocky





Grade 3/3A Report

Hi Everyone,

I don't mind the cooler conditions, but it has been pretty damn cold, especially down at Phillip Island, being so close to the sea. But hopefully we'll get some better weather when we hit September for the Shannons Nationals round at Sandown, where I think we'll getting a bigger turnout.



Not much else from me, except Thank You again to everyone who has made the effort to help us out on those very cold weekends at the smaller events.

Once again, if you have any concerns or feel that your concerns need re addressing, please send me an e-mail. I will follow it up with the VFT Committee and get back to you.

Hope to see you at the track.

Cheers

Tim Oh
Grade 3 Rep

CAMS Report

The last Victorian State Council Meeting was held on 6 August. Here are the items that were relevant to us, as trackside officials:

The Motor Race Panel has commenced a review of the CAMS Motor Racing discipline regulations for 2020.

The Victorian State Officiating Panel is endeavouring to re-vitalise the Fabulous Officials program in the state. If anyone has any nominations for this award, please raise them with David Bellenger or our own Mark Thompson

The CAMS board is currently working on the next strategic plan. Strong focus on succession planning and equality at all levels. This should be published well before year end.

The new CAMS offices are currently in the fitout stage. It is expected they will be in there by year end.

The CAMS Victorian State Awards are to be held 8 February and the CAMS National Awards night is to be held 22 February 2020.

David Thornbury
CAMS Rep





Reminder - Code of Conduct for all Marshals

Roger Chirnside - President/Chief Marshal

For the benefit of our new marshals and a reminder for existing marshals, I would like to make you all aware of the following, which is an extract from the CAMS 2019 Marshals Handbook:

4.6. Rules for and Behaviour Expected of all Marshals

*Marshals hold great responsibility in their individual roles at motorsport events and are expected to follow high standards in respect to their conduct and professionalism. These standards help ensure that we all deal with each other reliably and willingly. To this end it is important that all Marshals accept and comply with **The Code of Conduct for all Marshals** and follow in a strict manner the basic rules for all officials as set out below.....*

To apply to all events as appropriate, and to be expanded if appropriate for specific events and roles, such as a training exercise in another country. I am attending these events of my own volition and accept that I am, and remain, responsible for my own well-being throughout the activities.

- *My intention is to assist with, and contribute towards, safe, enjoyable and fair competition for all participants (including competitors, officials, and spectators) I will not do anything to jeopardise this, nor will I carry out any activity which could bring the events or the sport into disrepute.*
- *I am fit and well enough to carry out the roles allocated to me and if my circumstances change at any time I will notify my senior marshals immediately.*
- *I will take particular care of my own safety and well-being, and will also endeavour to protect all others from any danger or disadvantage that they may be exposed to. I will report any unsafe situations or practices I observe to the appropriate persons, including my senior officials, so that the identified risks can be minimised or removed.*
- *I will remain behind protective barriers at all times unless my specific role requires me to do otherwise, and then only for the minimum time required for that duty.*
- *I will relate to and deal with all persons involved in the event equally and fairly, and will not participate in or tolerate any harassment of any persons because of gender, age, roles allocated, experience, place of origin, or for any other reason.*
- *I will respect the lines of authority established for the control of the event and will comply with all reasonable instructions from my senior officials. I will also respect and enforce regulations and instructions applicable to the events as my role requires.*
- *I will exercise personal discipline by attending briefings, exercises and activities associated with the events at their scheduled times.*
- *I will, whenever the opportunity arises, endeavour to increase my knowledge and understanding of my various roles in the sport.*



Keep This Date Free!

VFT Christmas Party Sunday 8th December 2019

Christmas is on its way so keep 8th December free for the VFT Christmas party, once again at Como Gardens, The Basin, the delightful property of our Patron George Hetrel and his wife Pat, where there is a miniature railway capable of carrying 30 passengers, always a delight for the adults as well as children; 6 acres of formal garden; as well as a rainforest track, complete with teddy bears picnic and hobbit hole; and an enclosure with chooks, turkeys, peacocks, and other exotic birds.



Another Date to Keep Free

Chief's BBQ Saturday 18 January 2020

Once Christmas and New Year are over and before everyone heads back into the hurly burly of race meetings, attendance at the **Chief's BBQ** is a must event – and will be held on **Saturday 18 January 2020**.

This purely social event is a great opportunity for new members and families to come along and enjoy the evening. Most past years we have been very lucky with the weather and with the backyard floodlit, with a motor racing theme, it has always been a very convivial occasion.





Member Profiles

MEMBER PROFILE



NAME: Greg Hardy
AGE: 45
MEMBER SINCE: 2014
CURRENT GRADE: Grade 3
OCCUPATION: Fuji Xerox Valet
MARITAL STATUS: Married 19 years
KIDS: 3 - Hollywood (Matthew) (19), Belinda (16) Jamie (13)
FIRST CAR: 1979 Holden UC Torana
CURRENT CAR: 2012 Holden Colorado
CAR YOU WOULD DRIVE GIVEN ANY CHOICE: Any Holden V8 Supercar from the 1990's
RACING HERO: Peter Brock
FAVOURITE RACING TEAM/CATEGORY: Supercars & F1
HOBBIES or FAVOURITE PASTIME WHEN NOT AT HE TRACK: Collecting Model Cars Following the kids and their activities, Watching sports (Cricket, Footy, Car Racing)
WHY JOIN THE VFT: I was an Event official at 2013 Bathurst 1000 and was camping next to a track official, and they said I should become a track official like a flag marshal etc, so I looked it up when I got home and here I am.
FAVOURITE FOOD/S: BBQ, Roast Lamb, Lasagne
WHAT DO YOU LIKE TO COOK? BBQ, Pasta
FAVOURITE DRINK/S: Beer, Coke
FAVOURITE FILM/S: Caddyshack, Back to The Future 1/2/3
FAVOURITE CAR MOVIE: Back to The Future 1/2/3
WHO WOULD YOU INVITE TO DINNER? Larry Perkins, Merv Hughes, David Schwarz, Jimmy Barnes
FAVOURITE RACE MEETING TO ATTEND: Bathurst 1000

MEMBER PROFILE



NAME: Meg Boers
AGE: 30-something-ish
MEMBER SINCE: 2018
CURRENT GRADE: 4
OCCUPATION: Event Producer
MARITAL STATUS: The single woman sees what's in the fridge and goes to bed, the married woman sees what's in the bed and goes to the fridge...
KIDS: Fur baby, Bella (I've been told she's a handful like her mother... wait, what....)
FIRST CAR: Daihatsu Charade Toscana, with a full body kit! LOL [Google it kids, it was epic!
CURRENTCAR: BMW 125i Coupe
CAR YOU WOULD DRIVE GIVEN ANY CHOICE: McLaren P1
CAR YOU WOULD NEVER DRIVE IF GIVEN THE CHOICE: I rather not say and offend all the Ford owners out there... oh wait...
RACING HERO: Does "future husband" count as a "hero"?... if so, Scotty McLaughlin
FAVOURITE RACING TEAM/CATEGORY: Supercars... you can take the girl out of Newcastle, but...
HOBBIES or FAVOURITE PASTIME WHEN NOT AT THE TRACK: Gym, or running (towards a bar when they call last drinks!)
WHY JOIN THE VFT: To get close to the on-track action (No! Not to find a husband!)
FAVOURITE FOOD/S: Food!
WHAT DO YOU LIKE TO COOK? Anything that doesn't require cooking
FAVOURITE DRINK/S: Is this a trick question...
FAVOURITE FILM/S: Out of Africa
FAVOURITE CAR MOVIE: Mad Max
WHO WOULD YOU INVITE TO DINNER? The Royal Family
FAVOURITE RACE MEETING TO ATTEND: Supercars
FAVOURITE QUOTE: Will Gaff "just be normal!"

From the Editor



Many thanks to all contributors to this magazine. It is always good to see additional contributors and this month is no exception.

Whilst on the subject of magazine submissions, please note that I will always acknowledge receipt of articles/pictures etc so if an article doesn't appear in the magazine and you haven't received an acknowledgement it means that I haven't received it! Additionally, if I have an issue with a submission I will always contact the author before proceeding.

Thanks also to those members who have responded to my question as to who would like to go on receiving hard copy magazines should the VFT decide to go to mainly online. Remember, this was only a question, and no decision will be made until after further discussion at a general meeting.

Please remember articles for the November edition are due 24th October – magazine@vicflag.org.au - Joy Chirnside.

Photos in this magazine appear courtesy of Revved Photography, Mark Thompson and David Thornbury



Merchandise

2019 Merchandise Officer – Jason Carroll

Don't forget the new hoodies are now available for \$50 each (not yet shown below).



To order merchandising you can see Jason at the track or Email: merchandise@vicflag.org.au or Mob: **0422 314 223**

For overalls and jackets allow 4-6 weeks as these are not stock items.

VFT Merchandise

- Overalls**: \$220
- Winter Jacket**: \$90
- Overall Jacket**: \$175
- Bag**: \$30
- Plastic pouches**: \$2
- Polo shirt (White)**: \$25
- Bucket Cap**: \$12
- Cap**: \$10
- Beanie**: \$10
- Internal/External stickers**: \$2
- 25th Anniversary medallion**: \$20



Notes from a New Trainee

Andy Kelk

My first weekend with the VFT as a trainee was at the recent VSCRC round at Sandown (the "hotdog" round). Being stationed at Turn 9, it was an eventful weekend and a baptism of fire for a new starter.

I was lucky to be paired up with some excellent senior marshals over the weekend in Colleen, John and Mark. After a relatively uneventful first qualifying session with the historic touring cars I thought I had the blue flag nailed; with the multitude of different body shapes, picking the faster and slower competitors as they came through the esses seemed simple. Next up were the Formula Fords - I stayed on blue to test my ability to pick out faster competitors when they're all the same shape.

20 minutes later, I thought I had done a reasonable job - probably missed a few and might have been overzealous with a few others. The chequered flag was out and that should have been the end of the session. As it happens, we soon had one of the competitors end up in the gravel behind me. Being on blue, of course, I had to stay focused on what was coming down the road towards us. What was coming was something I didn't expect: I was met with the sight of a Formula Ford hurtling down the hill, straight towards us. My exact words probably aren't printable in this magazine, but Colleen quickly got the message that all was not right.

The next 10 minutes all went by very quickly with medics and rescue on the scene and the driver being extracted from the car. It's at this point I discovered the amazing care and teamwork that all the marshals display. We were visited by many senior officials who all made certain that we were coping with the events. It's a great testament to the strength of the team. And I'm glad to report that the driver came out of it OK.

To have something like that happen in only your second session is probably fairly unusual and I'm glad to report that most other incidents were minor by comparison. We had an Excel in the tyre wall in a similar spot, a sportscar in the barrier past us and various other stoppages but most were cleared up quickly. Add to that a number of barrier strikes in the gravel on the Sunday and we probably had incidents in 10 sessions across the weekend. I got to cover off report writing early on in my training!

Since Sandown, I've been at Phillip Island for the PIARC August Access which was a much quieter event in many ways; it was a good chance to continue my training and get some exposure to communications protocols. A big thank you to Arthur who taught me a lot over those two days.

Since spending a few days with the VFT, I've been impressed with how welcoming and friendly everyone I've encountered has been. I've also really appreciated the structured approach to training and supporting new starters. A big thank you to everyone I've met so far who's made me feel welcome and I look forward to getting to know more of you.

See you at the track!

Andy



Member of the Month Presentations

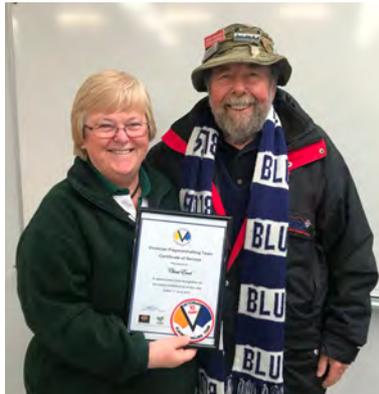


Ian Hogan - June



Patrick Harding - July

Other Presentations



Chris Earl and Luke Hingeley receiving their 10yr Service Awards



Jo Mawson receiving her 10 day Award

In action (or inaction) at:

Sandown VSCRC Rd 4





Phillip Island 6 hr Relay



Phillip Island August Access







Attitude Adjustment Time, ...you'll love this

Quote: 'Weakness of attitude becomes weakness of character.' Albert Einstein

Have you ever felt someone's attitude, without a word being said? You notice that frown of disapproval on someone's face in a meeting, or a pout from the sulker who didn't get their way, or the glare of an unhappy cynic. A negative attitude is easy to spot.

The difference between a positive attitude and a negative attitude can make or break your approach to what needs to be done. We should always be completely genuine, yet still possess a positive disposition, because a positive attitude, it's not a skill, gift, or personality trait, it's your choice!



When you're in a group, and someone insists on finding all the problems rather than solutions, or dwells on why the idea won't work, what is your response? Are you drawn to them, or do you seek more distance? Of course, we need to deal with the reality of problems, but you can face them with a positive nature that is bent toward a solution.

What is an attitude?

It is the 'upfront person' of your true self. Its roots are inward, but its fruit is outward. It can be your best friend or your worst enemy. It is more honest and more consistent than your words. It's often an outward look based on past experiences. It's never content until it's expressed. It's the librarian of your past, the speaker of your present and will be the prophet of your future.

PRINCIPLES ABOUT YOUR ATTITUDE:

Your attitude determines your approach to life. Are you hopeful about the future or lean toward the darker side? It's OK to be honest about your current bias. Remember, you can choose a positive attitude. It's definitely not related to one's IQ; some smart people are positive, and some are negative. It's not faith; there are Christians who are positive and some who are negative. It's not how much money you have, both rich and poor have positive and negative attitudes. You get the idea. It's your attitude that determines how you approach life, and all that comes your way.

Your attitude is contagious. It's not based on your personality. Your attitude expresses your inner disposition toward life and affects how people see you. Your attitude rubs off on others! When you walk into the room, does the room brighten and the energy go up? And you know the effect if your attitude is the opposite. Your attitude is contagious to those around you.

Your attitude shapes your relationships with people. The tone of your attitude will determine, to a large degree, your relationships with people. For example, whether you see and believe the best of others, or focus on the flaws, influences your friendships. I want people to be honest with me, but there is a difference between someone who is critical of me or offers constructive truth that helps me become a better person. Can you guess which one I want to be around? How about you?

Your attitude at the beginning of a task will affect its outcome. When you are assigned a project, or asked to do a task, your immediate internal response has a significant influence on the speed, the quality, creativity, and the level of joy you experience through the whole process. Your attitude will draw people to you or push them away.

There is a young Aussie tennis player that is having a big struggle with attitude right now. Many want to disown him because his attitude is really bad. Amazingly he is unable to see how bad his attitude looks to others, and sometimes we are as blind to our faults as he currently is. The good book says we should take the stick out of our own eye before we try to remove the speck in another's. Here's a challenging thought ...there's always some work to do, to make our own attitude better ...right?

A positive attitude > cultivates a winning edge, > helps you meet life's challenges, > reduces stress and increases energy and productivity, > creates a healthy and productive perspective, > increases your confidence, > helps you focus more on solutions than the problem, > makes it more enjoyable to live with yourself, and > makes you more enjoyable for others to love and do life together with.

Doin' Life together, Cheers

Chaplain Mark Bateman

0412 151 121



VFT Minutes of August 2019 General Meeting

**General Meeting Minutes
1 August 2019, 8:00pm
MG Car Club
53/41-49 Norcal Rd, Nunawading**

Members Present: 23 Members and 3 Guests.

Apologies: Roger Chirnside, Eric Rigg, Warren Gordon, Jenny Creet, Meg Boers and Country and Interstate Members.

Mark Thompson welcomes members and guests to the meeting.

Minutes from the previous General meeting (6 June 2019):

Moved: Tanya Salan, seconded: Geoff Kay, that the minutes be accepted. Carried.

Matters Arising:

- 0.1 John Clarke notes item 15.1 (investigating the wearing of VFT uniforms at non-VFT events) of the April minutes has now been clarified in the last magazine. He suggests this should not have required clarification, and that it seems to have been a decision by the president that club uniform not be worn at non-CAMS events.
- 0.2 John Clarke states that the reason given by the President for the club's withdrawal from Historic Winton was originally given as Winton not requiring our services and changed to CAMS advising by letter we should not attend non-CAMS events. John notes his belief that no such letter exists, and that the President has misled the club. He suggests that there are two options, either the President resigns, or a motion of no confidence is moved.
- 0.3 Mario Pacifici advises that such a motion cannot be moved as the President is not in attendance to defend himself.

Reports:

1 President (via email):

- 1.1 Roger Chirnside thanks all the members who attended VSCRC round 4 and the 6 Hour. A great effort with limited numbers.

2 Vice President:

- 2.1 Thanks to the MG Car Club for hosting the club once again.
- 2.2 Great to see so many in attendance tonight.
- 2.3 Thanks to the committee. Everything is looking healthy within the club. Finances are great.
- 2.4 Equipment. Some instances of items being found in poor condition. Please ensure you report it if you notice anything while trackside.

3 Secretary:

- 3.1 No report
- 3.2 Mark Thompson acknowledges Eric has had some recent health issues, and advises the committee has picked up what they can.



4 **Treasurer:**

4.1 As per report.

4.2 Payments to be passed:

- Australia Post \$140.59 Magazine Postage
- Geoff Kay \$75.00 Equipment

Moved: Doug Salan, seconded: Greg Hardy that payments are passed. Carried.

4.3 John Clarke queries if there has been any change in revenue from track fees. John Pollard advises that it is very similar due to the increase in fees offsetting the reduction in events.

4.4 Mario Pacifici queries plans for the magazine to go electronic. John Pollard advises members will have the option to continue to receive hard copies.

5 **Chief Flag Marshal:**

5.1 Completed Events

- Endurance Access. Numbers were not too bad. No issues and incident reports were good.
- VSCRC 4. Thanks given to Anne (whom prepares the hotdogs and soup) for her service as this was her last year doing this. Numbers were good. The Formula Ford incident at turn 9 hit the barrier at 183 kmph. Collin Smith gave his backing to our response.
- 6 Hour Relay. Numbers were terribly low. Some members had to work on their own.

5.2 Upcoming Events:

- Winton Festival of Speed. Kevin Watson to chief.
- August Access. We need more members for this event.
- Shannon's Nationals
- VSCRC 5
- Sandown 500. Will close list 2 weeks prior. Remember to register both online and with the chief.

5.3 Thanks to all of those whom have supported the club at recent events where we have been light on numbers. 6 or 7 more events to go.

5.4 Will Gaff displayed a new black flag number board that is in development.

6 **Asst. Chief Flag Marshal:**

6.1 The Hot Dog round Formula Ford incident is a timely reminder to always have someone looking at oncoming traffic.

6.2 Phillip Island Shannon's. Points dropped Friday due to light numbers. Saturday and Sunday was better with all points having a minimum of two.

6.3 Visibility issue between 6 and 7 at Phillip Island due to the instillation of Armco. David Thornbury suggests 7 can display a green if a yellow id required from 6.

7 **Training Officer:**

7.1 One upgrade processed, two are in progress

7.2 Anyone who has any suggestions around training, please speak to Glenn.

7.3 Looking to organise a report writing course soon.



▪

8 CAMS Rep:

8.1 Next State Council meeting is on 6 August. Please let David know if you have anything you would like raising.

8.2 Discussion regarding the upcoming Scrutiny course.

9 Grade 3 Rep:

9.1 Tim Oh welcome the new inductees to the meeting.

9.2 The last five events have had workable numbers with the help of grade 3/3A's.

10 Grade 4/5 Rep:

10.1 No report.

11 Induction:

11.1 Currently working with a handful of new enquiries. Having a single contact point seems to be working well.

11.2 Doug Salan queries the follow up during the induction period. Tim Oh advises he regularly speaks to inductees at the end of the day and online during the 10-day period.

12 Promotions:

12.1 No report.

13 Merchandise:

13.1 A reminder that Eftpos is now available.

13.2 Thanks to Tanya Salan for her help at events.

14 Magazine:

14.1 Mark advises that submissions for the September magazine are due 24 August. All submissions are welcome.

Reports: Moved Dave Humphries, Seconded Glenn Rochester that reports are accepted.
Carried

15 General Business:

15.1 John Clarke speaks in response to Jason Carroll's article in the last magazine, which stated that 3.1 and 2 cannot be accessed. Will Gaff advises it is now acceptable to walk out to 3.1.

15.2 Don Johnson suggests putting the Incident Report on the website.

15.3 Karen Legg suggests the club provides radio holster to regular members. Will Gaff advises the One Planet holsters are \$95ea.

15.4 Anthony Filippousis suggests conducting training with other disciplines, including scrutineering.

15.5 Paul Meade gives thanks to the club for everyone's efforts at the 6 Hour relay on behalf of Team Grumpy Racing

15.6 Mario Pacifici suggests the wording needs tidying up on our upgrade forms.

Meeting Closed: 9:26pm

Next Meeting: 8pm 3 October 2019 at MG Car Club



2019 Calendar		
2-3 March	Sandown	VSCRC Rd 1 [MGCC]
8-10 March	Phillip Island	Island Classic
14-17 March	Albert Park	F1 GP (not a VFT event)
4 April	MG Car Club Rooms	VFT General Meeting
12-14 April	Phillip Island	V8's Phillip island 400
28 April	Sandown	Porsche 6 Hour
4-5 May	Phillip Island	VSCRC Rd 2 [PIARC]
6 June	MG Car Club Rooms	VFT General Meeting
7-9 June	Phillip Island	Shannons Nationals
15-16 June	Winton	VSCRC Rd 3 (VSRS)
29-30 June	Phillip Island	Endurance Access
20-21 July	Sandown	VSCRC Rd 4 [ASSA]
27-28 July	Phillip Island	Vic 6 Hour Relay
1 August	MG Car Club Rooms	VFT General Meeting
3-4 August	Winton	Festival of Speed
17-18 August	Phillip Island	August Access
20-22 September	Sandown	Shannons Nationals
28-29 September	Phillip Island	VSCRC Rd 5 [VMCI]
3 October	MG Car Club Rooms	VFT General Meeting
12-13 October	Winton	AROCA 12 Hour Relay
25-27 October	Sandown	Sandown Historics
8-10 November	Sandown	Sandown 500
23-24 November	Phillip Island	Island Magic
5 December	MG Car Club Rooms	VFT General Meeting

Expressions of interest to attend any events must be conveyed to the Chief Flagmarshal via any of the following 4 ways:

- The VFT Club Phone : **03 8796 5321**
- The VFT Club Mobile: **0409 823 657**
- Email: chief@vicflag.org.au
- In person, **trackside or at club meetings**

Please DO NOT use Social Media for expressions of interest!



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